





















DEDICATION

It is to *FRIENDS* that we, the class of '70, dedicate this book. In the words of Doris Locke we would like to say . . .

Thank you, God, for friends.
Thank you for the ones who need me, giving purpose to my life.
Thank you for those who I need, who teach me gratitude and humility.
Thank you for those who are different, that I may leran tolerance and forbearance.
Thank you for the trusting ones, making it possible for me to be trustworthy.
And, yes, thank you for those who have wronged me . . .
How else am I to know how to forgive?
Thank you for those I love.
They are the true joy in my life.
And, Oh, God, thank you especially for each one who loves me,
For while I am loved by someone, there is reason for my being.

THE NURSE

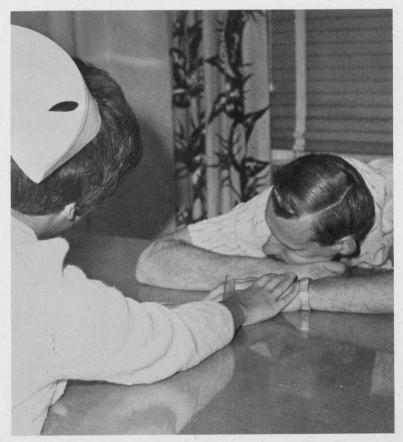
is temporarily . . .



the consciousness of the unconscious,

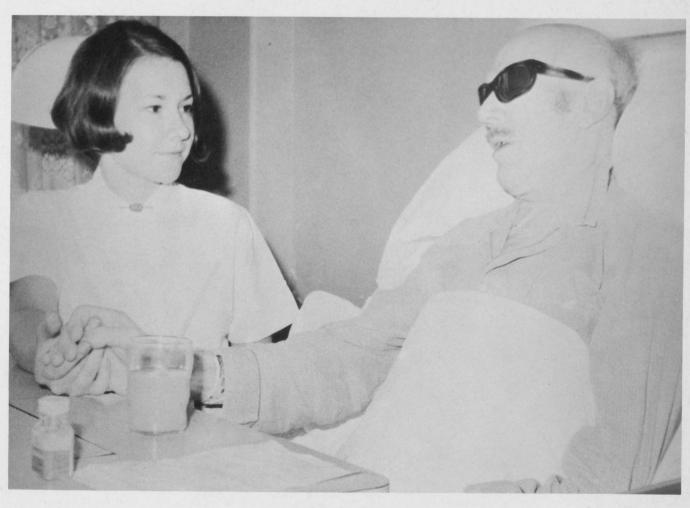


love of life of the suicidal,





leg of the amputee,



eyes of the newly blind,





a means of locomotion for the infant,



knowledge and confidence for the young mother,







a 'mouthpiece' for those too weak or withdrawn to speak "

Virginia Henderson

SISTER GAUTHIER, Our Director











Dear Sister Gauthier,

Through the past two and a half years we have found a true friend in you. Your office door was always open to us. We wish to express our appreciation for your helpful suggestions.

We were always greeted with your cheery smile and hello when we met you in the halls. You were willing to partake in all our youthful activities. With your guidance we were able to see through our problems and decide on a suitable solution.

Your habit has changed but your character is constant.

Thank-you, Class of '70









MISS B. CASSELL Assistant Director of Education



MRS. V. VERMANDER Assistant Director School of Nursing

MRS. E. ATKINSON Science and Medical-Surgical Nursing I

OUR FACULTY

MRS. D. BODNER Intensive Care Surgical Unit

MRS. D. CARDIN Medical-Surgical Nursing III

MRS. S. COHN Nursing of Children

MISS G. CORNTHWAITE Senior Teacher for the First Year Program

MISS R. DOZOIS Obstetrical Nursing

MRS. B. DUNCAN Medical-Surgical Nursing

MRS. J. GRIEEF Nursing of Children

MISS G. HARDER Psychiatric Nursing MISS M. HEINKEL Medical-Surgical Nursing

MISS M. HILL Obstetrical Nursing

MRS. A. HNYBIDA Psychiatric Nursing

MRS. L. JACOB Medical-Surgical Nursing

MRS. E. MATTSON Medical-Surgical Nursing II Eye, Ear, Nose and Throat

MRS. F. McNAUGHT Community Health Nursing

MRS. S. ROMANO Urology

MR. A. ROSKY Science and Medical Surgical Nursing I

MRS. A. SEIB Orthopedic Nursing MISS B. STRATTON Operating Room Nursing

MRS. S. THORARINSON Obstetrical Nursing

MISS E. WHITLEY Medical-Surgical Nursing

MRS. T. WRIGHT Nursing of Children

Planning Committee for the Two Year Program

MRS. J. BURROWS

MISS E. HYKAWY

MISS M. PENNER

MISS N. PETERS

RESIDENCE STAFF



Mrs. Kuzyk, Mrs. Rouillard



Miss Peterson, Residence Supervisor



Mrs. deMontigny, Records Clerk



Mrs. Ruest



Mrs. Massicotte



Mrs. Mendes, Sister's Secretary







Miss Carriere



Housekeeping Staff



Mrs. Cormier, Progectionist, Mimeographist



Mrs. Patry, Mrs. Labossiére



Mrs. Susik, Assistant Supervisor



Mrs. Irvine, Faculty's Secretary



Miss Merlevede, Health Nurse

HOSPITAL ADMINISTRATION



Mr. R. Beaudin Comptroller



Mr. L.A. Quaglia Executive Director



Sister A. Ell Assistant Director



Dr. P. L'Heureau Medical Director



Mr. J. Bockstael Planning and Construc-tion Co-ordinator



Father C. Barclay Chaplain



Father G. Lambert Chaplain



Mr. R. Vadeboncoeur Personnel Director



INSERVICE EDUCATION: LEFT TO RIGHT: Mrs. R. Beeman; Mrs. P. Durham, Miss H. McHale, Co-ordinator. MISSING: Miss W. Andres.



NURSING SERVICE Mrs. H. Craning, Assistant Director; Sister T. Castonguay, Director.





HOSPITAL SERVICES
These are a few of the many services which help us provide the ultimate care for our patients...



Respiratory Lab.



Orderly Department



Kitchen



X-Ray



Patients' Library



Central Supply



Pharmacy



Hematology Lab.



Social Service



Photography Lab.



Laundry



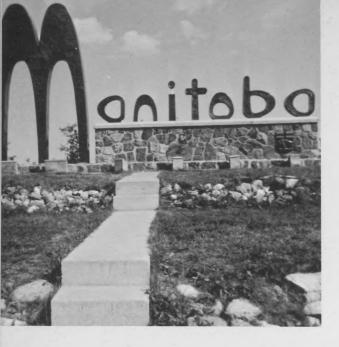
Physiotherapy



E.E.G. Lab.



Radiology Therapy









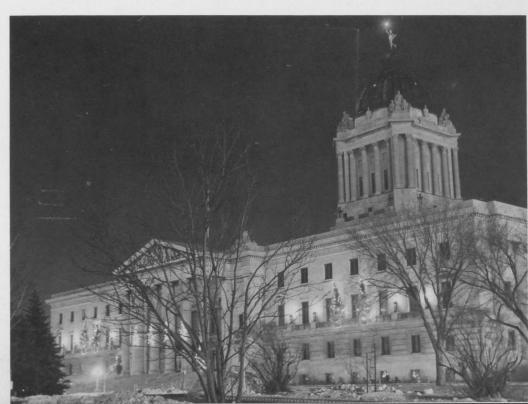


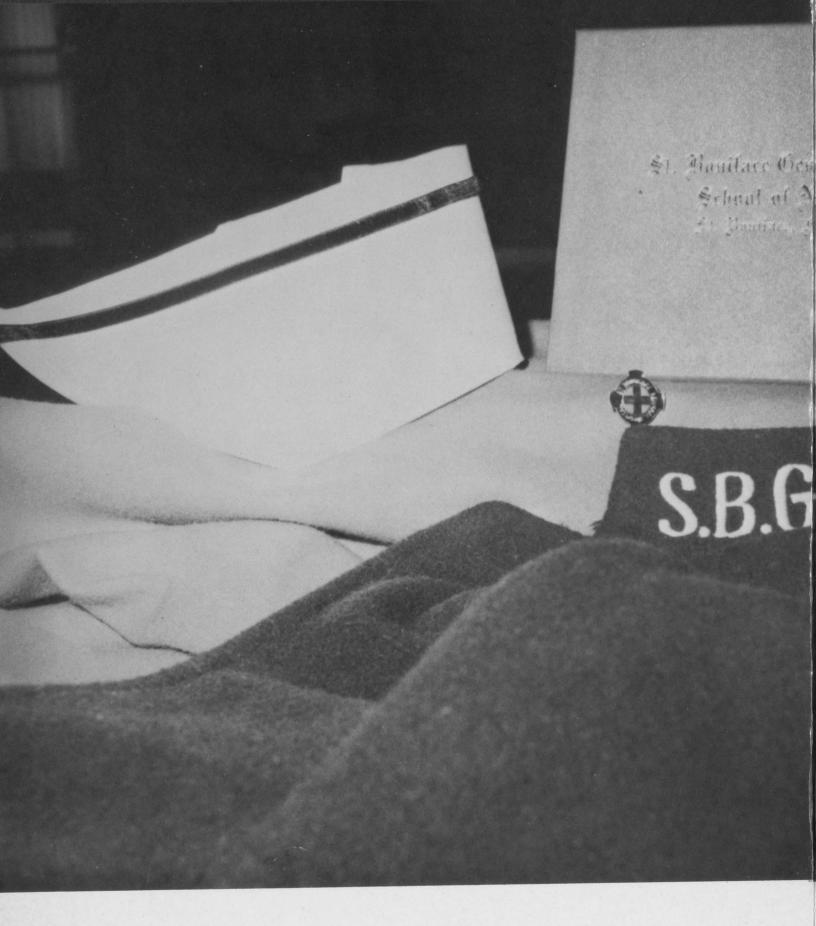




The Spirit of '70







GRADUATES



When I was a child, I spoke like a child, I thought like a child, I reasoned like a child; but when I became a man, I gave up childish ways.

St. Paul 1 Corinth. 13:11



YVONNE ALLARD St. Boniface, Man.

"Ducky" ... "Dad just won't give me the car tonight! "... Dr. Allard in the caseroom? ... "The water makes my contacts burn" . . . daily letters at Selkirk.



"Arnold" ... winsome witticisms ... paragon of composure ... "Forewarned is to be forearmed" ... "I'll meet you down there."



JUDY ALMDAL Rivers, Man.

Treads where angels fear to go ... parsimonious ... mod swinger ... perpetuates pandemonium ... irrepressible ... The Great Entertainer ... O.B. enthusiast ... sotto voce!!!



PENNY ALSTON Hartney, Man.

Flurried female . . . dilatory die-hard ... frequent giggles ... Why such red cheeks? ... psychoanalyst ... Party, what party? ... "Well, you guys..."



SUZANNE ARBEZ Ste. Anne, Man.

Creator of uproars . . . a spontaneous satirist ... definite controversial ideas . . . monkey see - monkey do ... individualized nursing care ... bona fide alter ego.



LINDA BAWTINHIMER Goodlands, Man.

"You're probably wondering why I called this meeting?" . . . efficiency in a flap ... sympathetic ear ... inquisitive ... characteristic laugh ... "Me? Chubby! " ... charmly friend?





DIANNE BAY Birnie, Man.

Piano enthusiast ... modest and reserved ... helpful, yet humble ... no face tanning — just nose burning ... a serious mind ... "little ole tea drinker, me!"

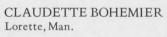


PATRICIA BERRY Birtle, Man.

Friendly, frugal and fancy-free ... earnest learner ... sympathetic quandary ... avid list-maker and checker ...! "Take my calls."



In the arms of Morpheus . . . elevator slider . . . timid . . . versatile mood . . . slow to initiate, but then what a bombshell . . . "Fainted again, Dyanne?"



"Boing"...amiable and gullible...
"It's not the quantity, but the quality that counts."...
lady-in-waiting...Miss Lily White.



LUCILLE BOHEMIER La Broquerie, Man.

Student of Judo and teacher of French ... known for radical theories on many subjects ... 103 o/o fewer cavities ... slave labourer ... "I feel so hurt!"



JULIETTE BOULET Dunrea, Man.

T.V. mania ... small in stature, big in heart, ... quietly resolute ... astucious ... "I'm not going for supper."







BETTY-ANNE BOYCHUK Winnipeg, Man.

"Googs" ... confident ... competent ... card shark ... amiable resident . . . eloquence out of the mouths of babes ... "Hello, toi! ... "Can I borrow .."



Second floor alarm clock ... congenial companion ... demure damsel with latent effervescence... famous for cat naps . . . "I haven't anything to wear."



SHIRLEY BOYD St. Boniface, Man.

"So prime, so swell, so nutty and so knowing" ... "I know, but" ... that's our brain Boyd . . . pizazz on everything...open-handed.



ILSE BRAUN Winnipeg, Man.

See no evil, hear no evil, speak no evil ... psychiatry enthusiast ... always in a dither . . . well-trod path to the mailbox.



MARY ANNE BRECHKA Brandon, Man.

"Moosh" ... relaxed, informal, sporty, sociable . . . creative in ideas and deeds ... sincere sympathetic genialty . . . ready to lend a helping hand.



ROBERTA (CAMPBELL) MOON Winnipeg, Man.

"Bobby" ... scatterbrain ... guileless? ... commonly found "flying high" "That reminds me of a joke" . . . calculated plan of action.





DONNA CARRIERE Winnipeg, Man.

Faithful streamliner? ... "It's coffee time, girls! " ... I.C.N. representative in Montreal ... common-sensical ... a maternal mentor . . . our gracious "practical" helper.



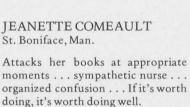
MARIETTE CLOUTIER St. Norbert, Man.

Look of innocence ... the "Ultra-Brite" smile ... flustered flounderer ... bonhomie ... "What sunshine is to flowers, smiles are to humanity."



St. Boniface, Man.

"She doeth little kindness which most leave undone"... Happiness is "our Combsie"... hypermaniac the night before ... labile, but thoughtful to a "T".





LYNNE DAGESSE Haywood, Man.

Thoroughly français . . . joie de vivre ... a friend in deed ... cheerily chattery . . . light-hearted with deep moments.





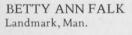
Thorough, alert and realistic . . . Mr. Postman, please ... 6th sense: communication - you name it, she'll get it across ... finds good in everyone.





BARBARA DICKIE Winnipeg, Man.

Strives for perfection - a shot in the dark . . . firm believer in the Golden Rule . . . Too many cooks spoil the broth.



Poetic fancies ... perpetual worrier ... sensitively responsive ... sublime pursuit ... "I just don't know where I'm at ..." ... "These shoes were made for walking."



CLAUDETTE DRUWE Hartney, Man.

"Little Drew" ... short and sweet ... seething sensationalist ... rhapsody . . . a magnetic personality ... contagious chuckles ... the court jester in whites.



DIANNE DUBOIS

Winnipeg, Man.
"Dubee" . . . twinkle, twinkle big brown eyes . . . the quintessence of excellence . . . unruffled exterior . . . "Home is where the heart is . . ." . . . "I got a letter!"



DORIS DUBOIS St. Boniface, Man.

Serious undercurrents . . . perceptive whole-hearted studies . . . non-verbal communication ... sang-froid ... the proud possessor of - stuffed animals.



LYN FIELD St. Vital, Man.

Outgoing eager beaver ... "infectious" grin ... "Waste not, want not" ... boisterous ... participates freely in "good" conversations - 5th floor newsreel ...leaps before....





SIMONE (FIOLA) KATSABANIS Ste. Anne, Man.

"Sam" . . . a flair for fashion . . . pert and saucy ... ooohhh ... a keener for kids ... an English instructor, but a Greek scholar.



HUGUETTE FOUASSE St. Boniface, Man.

"Yogi" . . . "a quiet word, a look, a smile, a listening ear" ... orderly mind . . . "I have to wash my hair."



MARLENE FUNK Altona, Man.

LILLIAN FROESE

"A strong current runs under still water" . . . devout and dedicated . . . vital N.C.F.'er . . . shy and reserved - but, changing trends . . . the St. B.

Boissevain, Man.

"Mars" . . . a vocalist and pianist . . . "watermelon and kruellers again? ... blithesome ... "I have to wash 'them' tonight'" ... "Wha' happened?" ... Funk and Wagnell.



LOUISE GAMBLE Portage la Prairie, Man.

Have gum - will chew . . . bright and bubbly ... disorganized much ... perpetual motion . . . posteurizes . . . "Don't wake me up 'till ten to seven . . . ,,



About that eye make-up, Grainge ... tardiness with poise ... habitual nighthawk ... look of disbelief ... dumbfounded! ... girl with a year round toboggan.

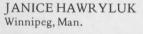






LUCILLE GREGOIRE Lorette, Man.

"Greg"... the direct approach...
"9-5-2 anyone?"... the eternal
ponytail ... exuberant ...
controlled French energy with
explosive potential!



Cold hands — warm heart ... "mingles with people in quiet simplicity" . . . The art of pleasing is in the desire.



JUDY (HAMM) VOTH Winnipeg, Man.

Our farmer's wife ... industrious ... applies herself to all pursuits: plowing, chicken feeding, diaper changing, and — nursing!





"Look into her eyes and you see an angel — look a bit deeper and you see an imp" ... unpredictable ... thoughtful... flashes of wit.



SANDY HARRIS St. Boniface, Man.

A smiling face, a helping hand — it's in the spending of oneself that one becomes rich! Portrays a flower that follows the sun — even on cloudy days ... a compact amount of volcanic energy!



"'Maddy'' ... diligent discernment!? ... seems sedate... slow on the uptake, but..."I know we have a test tomorrow, but — just one more hand?"





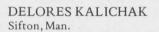
ELIZABETH JACQUES Oak Bank, Man.

Loves those Frenchmen . . . tolerant and tenacious . . . "Those who bring sunshine into the lives of others cannot keep it from themselves."



BETH JOHNSTON Winnipeg, Man.

Opens her mouth just to change feet. King of hard on the tooth too, eh Beth? . . . always grand and true.



Watch that wink ... "Belief is power." . . . enthusiast . . . graceful and gently serene . . . "Don't worry — it'll all get done."



Assiduous . . . "such a one as that" ... the early bird that catches the worm . . . the unexpected under the exterior.



JUDITH KENNEDY St. Boniface, Man.

"Who, what, why, where, when?" Ambitious, capable and responsible ... imaginative speller ... a fund of knowledge and a knowledge of fun!



EVID KOFFMAN Winnipeg, Man.

What's life? Violets ... Brazil-nut ... "That's a no! no!" ... co-ordinated chaos ... "Madness in great ones must not unwatched go." That's life!







IRENE KROEKER Steinbach, Man.

Easy-going . . . waist-watcher (sometimes) ... sophisticated air, but on acquaintance . . . swimming and pizza reign supreme . .,. beat on Monday but never on Sunday!



Ready, willing and able ... a consciencious bedmaker ... domestic ... "I lost my contact" ... a party a day . . . "I've never lived so much! "



MAUREEN KUNZ Winnipeg, Man.

Decisions - demands - deadlines ... original sentimentalist ... problem solving approach ... substitute mother ... tolerant – to an extent ... "a companion who listens with infinite patience."



GAIL LINDSAY Winnipeg, Man.

"Eanie, meenie, miney, moe - with which guy should I go?" ... suggestible ... night owl ... incessant chit-chat ... prettily endowed with intelligence?



MARGARET MATTHYS Swan Lake, Man.

"Margie" . . . dwarfish, mischievous sprite ... the root of success ambition? ... a woman of a thousand faces ... demonstrative frenzy ... fastidious immaculateness.



LINDA NICHOL Decker, Man.

Tangy, versatile, adjustable . . . likes the old and simple ways ... sensitive, sincere, motherly . . . loves the outdoors ... petite and fragile.





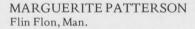
LOIS OLFERT Winkler, Man.

"Olfect" . . . jokes - unusual, to say the least . . . characteristic laugh . . . always heard before seen ... authoritative opinions ... a staunch ally . . . dependably reliable.

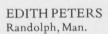


PATOTLY Winnipeg, Man.

Never loses her "cool" . . . a girl of few words, but what she says she means ... "It's time to quit smoking again ..."



Outgoing - or "going out"? ... always has at least one foot on the ground ... unremitting and inexhaustible ... the great horn



"Hey, you guys, let's do something tonight! "...community room... watch that hemoglobin — or is it the nightlife? ... admirable quality of exaggeration - but! - likeable.



Snow Lake, Man.

JEAN POLEC

"Jano" ... a place for everything and everything in it's place ... empathetic, undemonstrative, dependable... "Cut this – turn that – add some – scraps left – should





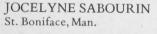
"Ladies - I'm going to bed now!" ... enjoyable dry humour ... mute without those arms . . . individualist ... unruffled nonchalance.





GLENIS PRONCHUK Bowsman, Man.

Avon deodorant for —? ...chronic latecomer in living colour ... involved idiosyncrasies ... "all twinkling bright" ... self-reliant ... "do your own thing."



"Jo" ... cool, calm, collected ... studious ... one man girl ... loves cafeteria food ... always knows where to find things.



LUCILLE RAMSEY St. James, Man.

City girl with the farm at heart... good-natured ... defender of the underdog ... daydreamer ... slow masticator ... "Well, I didn't know ...!"



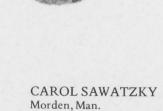
MARY-ANN REIMER Lowe Farm, Man.

"Tweensie" ... needle pusher ... a considerate cohort ... frustration increases her vocal volume ... "Sailors are wonderful! " ... renowned for her sympathetic sensitivity.



GLORIA ROSPAD Dauphin, Man.

"Distinctive" ... noted for lengthy phone conversations ... self-styled seamstress ... another card — what's this occasion? ... eat, drink and be merry, for tomorrow ...



Late nights ... long — "distance" calls ... studies don't interfere! ... carefree ... "our" barber ... home on weekends?





IUDITH SAWIAK Winnipeg, Man.

"Jude" . . . tone of voice tells all . . . "okay you guys! " . . . meticulous ... enriched vocabulary ... cool glare ... "I never have anything to wear."

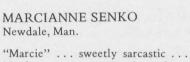


DARLENE SEELEY Dauphin, Man.

"Shortstuff" . . . lively and energetic ... goes a second mile for others... deceptive, angelic appearance ... "We have to get rid of this food tonight! "



"Val" . . . "ginger" . . . Frat parties! ... the opposite sex! ... mini-skirts ... corrupted ... proud possessor of one of 4th floors tidier rooms . . . better late than never!



blazé exterior . . . "It's about those hands that shake . . ." "Oh, come on! "... Miss Varicosity - 1970! ... wasp waist.



DIANE STEPHEN Dauphin, Man.

"Steve" ... "Oh my shattered ...! ".. tidiest room in res? ?? ... boundless energy . . . "Security is a fisherman knit sweater." Now you see her – now you don't!



GWEN SWAENEPOEL Souris, Man.

Madam President . . . an embroiderer of the truth . . . persistent . . . of her own volition ... perpetual performer ... short-skirts?! ... a mental gymnast.

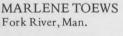






ROSEMARY TEPERTO Winnipeg, Man.

Quiet friendliness . . . sparkling eyes and finger ... romanticist ... mini-nurse ... "among the fairest flowers ..." "No, I'm going out for supper."



Charmingly quiet ... constant optimism . . . modest scholar . . . the prize soprano of Glee Club . . . "But I really like roast beef! "



FAYE THOMPSON Goodlands, Man.

A cool cynic with a warm heart . . . can always be seen in the humour of things . . . phone-a-phobia . . . sincere — tells you where it's at . . . "Get into this conversation!"



JOYCE TIMMERMAN Swan Lake, Man.

"Timmy" ... devilish charm ... procrastinator of diets ... life of the party ... determination ... "Does this match my outfit?"



HYLDA (TOEWS) GRYBA Winnipeg, Man.

A song for every occasion . . . "Two can live cheaper than one, eh Hylda?" Can see the bright side of every situation.



CONNIE TOMCZAK Dugald, Man.

"Tonie" ... facial expression is revealing ... reliable ... bottled sunshine ... "You know, I'm just about ready to check out of this hotel! "





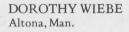
BRENDA VENUS Winnipeg, Man.

Initiator of birthday surprises ... has the only pop gun in res... never in a flap — Venus? ... Dulcolax p.r.n... small feet — big laugh.

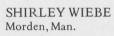


ELSIE VOTH Boissevain, Man.

Straw that broke the camel's back ... "only 4 1/4 more days to the weekend" ... "Well, I really wouldn't like to say ..."..crowded out of Boissevain.



Equanimity ... "I mean like you know." ... well stocked pantry ... lost in reverie ... "the touch of a hand or a smile ... calm reassurance."



"Show a bit of class, eh?" ... "I read that somewhere." ... midnight raider with special surprises ... pre-and post-test hysterics.



St. Vital, Man.

NORA-DEE WINNIK

Early to bed — early to rise phone crazy . . . "Do not disturb! " ... "If champagne be the drink of love - pour on! "



LAURA WILLEMS Dugald, Man.

"You never like my attitude." . . . tempest in the teapot . . . persevering "L" is for Loveable . . . "check my mailbox."





SHIRLEY WOODCOCK Dauphin, Man.

"Woodie" . . . "Laugh and the world laughs with you" . . . doesn't know whether she's coming or going - and



LINDA WRIGHT St. Boniface, Man.

Ardent reader ... a second Rembrandt ... a youthful giggle ... bubbles easily to the surface . . . will try anything . . .



hasn't the time to find out!



MARILYN WYTINCK St. Alphonse, Man.

"A friend indeed ... "distinctive laughter . . . takes time out to study ... weekend at last ... "Vive l'amour! "... too good to be true!



Re-joining St. B. ... home for the weekend to hubby and baby ... questioning mind . . . effervescent!





ANNE MARIE YURKIWSKI Old Kildonan, Man.

"Max" ... a cool intellect ... well-acquainted with matters ... a never-ending supply of goodies . . . "Say what they mean and mean what you say."



"All I want to do is sleep, sleep, sleep ... " ... quietly explosive ... unruffled nonchalance ... "Gogi" ... warm, friendly smile and open mind.

Graduating June, 1970.



Thank you, God, for all the things that I have never thanked you for . . . Thank you for Residence and buzzers and sinks in our rooms. Thank you for Big and Little Sisters. Thank you for Bar Pins and Bands. Thank you for warm toast and telephones and late, late passes. Thank you for having faith in me when I lose faith in you. Thank you for incubators and Thank you for friendship. Thank you for orderlies and Team Leaders. Thank you for doctors who write legibly. Thank you for all forms of life. Thank you for pushing me when I'm too tired to push myself. Thank you for understanding instructors. Thank you for strong legs and feet, and for support hose. Thank you for happiness and people who care. Thank you for little old ladies and tall young men. Thank you for closed drainage bags and new white casts. Thank you for days and evenings and nights. Thank you for Case Rooms. Thank you for Sister Winter. Thank you for giving me the sense to thank you.

AWARDS

Each year scholarships are awarded by the Professional Education Fund of St. Boniface General Hospital. Two students from the Class of 1970 will each receive a three hundred dollar scholarship.

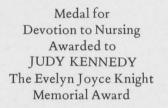


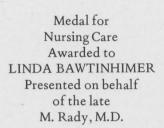
Medal for General Proficiency Awarded to MARLENE TOEWS Presented by J.F.S. Hughes, M.D.



Medal for Highest Standing in Theory Awarded to LILLIAN FROESE

Presented by Henry Birks & Sons Limited.





Medal for Student Leadership Presented by Paul L'Heureux, M.D.





VALEDICTORY

by Shirley Boyd



Today, our Graduation Day, is a momentous occasion in our lives. Graduation, as evidenced by our bands of black velvet, grad pins and bouquets of roses, marks the end of our training and the beginning of our careers. When we entered training, we were apprehensive, but eager to begin our new lives as student nurses . . . to fulfill our girlhood dreams of comforting the sick and cooling the fevered brow. Yet, now, we realize how much more nursing is than that we had imagined.

We are truly a part of all we have met. But what has shaped us from the girls we were two and a half

years ago, into the individuals and nurses we are today?

Our first year as probies created many changes and adjustments. Residence living had a great influence in maturing us. Learning to live with two hundred and fifty other girls is a task few experience... As we began to fit names to faces our class spirit developed. Day by day, we learned consideration for others, respect and tolerance for differing attitudes and beliefs...

First year was mainly devoted to gaining basic knowledge and skills. There were times when we seriously doubted our ability in applying our new found knowledge... We all remember the thrill of pride and excitement when we started on the wards. They were strange, exciting places and we were only too aware of how little we knew. Gradually, we adjusted... At first we were nervous with our patients... Through experience, however, we realized that we must simply be ourselves...

With second year came our Blue Bands and the status of being a Big Sister. As we met our Little Sisters at the front door, we asked ourselves "Did I really look that young and uncertain?" Having Little Sisters

seemed to boost our self-confidence...

Throughout second year we studied the specialties. We learned that though we could spread our wings a little, we were not yet ready to fly. There was still much to be learned and experienced. In Psychiatry we learned of the vast unknown reaches of the mind. We realized the great value of thinking "is it kind", "is it true" and "is it necessary," before we spoke. In applying these three guidelines of conversation in our daily lives we became more tactful and mature.

Maternity nursing revealed to us the wonder of being women and the beauty of life. Throughout the three months spent there, for us, the miracle of birth never lost its impact.

Land of the Little People — we experienced children with minds of their own! Students wo. ing on 8A were readily recognized by uniforms splattered with pablum, cherry cough syrup and whatnot. The ward also had its heartaches — little Jamey who cried everytime a nurse entered his room, fearing yet another needle; or frightened Daren, for whom the "magic green medicine" held no magic.

Third year came almost too soon, but we were finally seniors with our Yellow Bands. At last, we were the priviledged ones. With senior classes came the startling realization that N.L.N.'s were only two short weeks away, with R.N.'s in just four months. Studying began in earnest. We discovered just how much material we had covered.

With third year came the unhappy thought of going our separate ways. Perhaps, more than ever, we realized how much residence life meant. We have made true and deep friendships... friends who have stood with us and shared with us the challenges, disappointments and small successes, inherent in being a student nurse... friends who taught us to laugh at ourselves, showing us that we were not really alone in our struggles... We have come to recognize the true value of friendship. Though there were days when the struggle seemed too full of frustration, we knew that waiting in residence was a true friend who would understand...

Our instructors, lectures, ward experiences and classmates were all part of our growing and maturing. But by far the greatest influence on our development lies in our interactions with our patients. Today we are able to understand how great was their impact. Without them we might never have known . . the miracle of seeing a new life begin . . or the realization of the courage involved in the fight to regain health. We might never have gained an understanding of suffering and pain . . of death . . or the deep satisfaction and sense of fulfillment in watching a patient go home to family and friends, knowing that in our own small way, we had helped.

It was in learning to perform the small, meaningful tasks that we developed thoughtfullness and consideration... We realized that our greatest happiness lies in the *giving of ourselves to others*. Our patients have taught us to care deeply, "to give and not to count on the cost." For it was often they who gave us the greatest encouragement.

To our instructors, thank you for your calm confidence in us when we needed to retain our composure through some difficult experience.

Sister Gauthier and Sister Winter.. thank you for your open doors and ready smiles. Your cheerful willingness to give needed guidance or just to listen will always be remembered and cherished.

And thank you, Mom and Dad.. for you have seen us through thick and thin. You have loved and understood us, when we were unknowlingly venting our frustration and dissatisfaction in ourselves, on you... You helped us view our discouragements as challenges for the future, to be met with greater incentive to try harder, the next time. Yet how inadequate are those two little words, "Thank you." There are no words to fully express our feelings today. Your love and constant encouragement has helped us to realize our dreams. Perhaps our best way of expressing our gratitude is to continue to give of our very best.. to live up to the ideals you have instilled in us.

This is a day of intense emotions for us... bittersweet nostalgia as we leave behind the security of residence and the classmates we have grown to love... and joy! We have made it! But what are we truly striving to attain? Is this the end or just the beginning of our search for knowledge and improvement.

Again we stand at the threshold of a new world . . . and again we feel the uncertainties of the future. And we ask ourselves these questions. "Am I really ready to accept the responsibilities which will be mine tomorrow? Will I really be able to cope effectively on my own?" Even as we stood on that different threshold two-and-a-half years ago with immeasurable love and support behind us, we know that this love will continue to guide us in the challenge now facing us.

Perhaps the words of Lord Tennyson will help us to set our priorities as we become graduate nurses.

"That which we are we are:

One equal temper of heroic hearts,

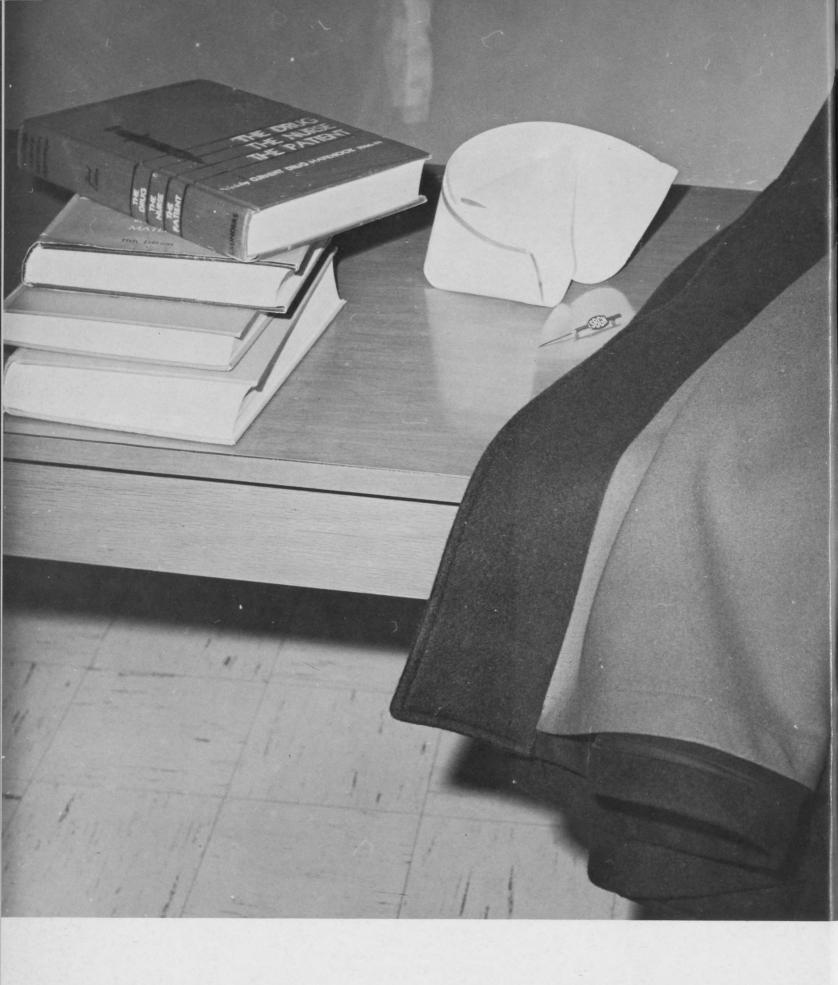
Made weak by time and fate, but strong in will

To strive, to seek, to find, and not to yield."

- . . to strive to become better individuals and therefore better nurses.
- . . to continue to seek knowledge, for we are truly just beginning to recognize the many avenues open to us.
- . . to find new methods so that we may improve our nursing care.
- . . and not to yield to the temptation of being less than we are capable of becoming.

Though tomorrow we go our separate ways, let us remain one in purpose.. to elevate the standards of our profession by continuing in our quest to become ever better individuals and nurses.

Yes.. to strive, to seek, to find, and not to yield!



UNDERGRADUATES



The present moment is significant, not as the bridge between past and future, but by reason of its contents, contents which can fill our emptiness and become ours, if we are capable of receiving them.

Dag Hammarskjöld

Joanne Acheson Maureen Anderson Therese Antymis Louise Baerg Mary Banville Gayle Beardsley Yvette Beaudry

Vivian Bertouille Mary Besenovsky Doris Bilodeau Mary Brandzin Joan Braun Leonette Bretecher Susan Lynne Bull

Valerie Buschau Fay Charko Gae Christensen Irene Chrunyk Paulette Comeault Danielle Delaquis Elma Derksen

Hazel Derksen
Patricia Desaulniers
Dawne Desjardin
Edmee Dumesnil
Katherine Elias
Bonnie Enns
Linda Enns

Viola Fast Delores Faulkner Bruce Finkel Vida Fordyce Janice Friesen Jacqueline Gagnon Patricia Garton

Juliette Gosselin Rita Hart Audrey Hildebrand Brenda Hodson Sandra Howard Valerie Huard Shelagh Jackson

Lilianne Jacques Donna Janzen Elvera Janzen Gerry Jardine Eva Jilg Darleen Joelson Mary Kate Jones





Dale Kennedy Freeda Ketsman Carole Kozlowski Katherine Labun Nancy Larson Carol Laye Marlene Lewandoski

Zenon Lisakowski Sara Loeppky Valerie Lofendale Phyllis Matthews Ila Miller Gloria Mohr Jean Morden

Constance Morse Kathryn Newman Beverley Nield Anna Nikkel Sylvia Ozechowsky Shiela Perry Elaine Phaneuf

Carol Polanski Shirley Prawdzik Linda Przednowek Susan Ramsay Sharon Rausch Marie Rice Linda Rigby

Diane Rivard
Diane Robinson
Janice Robinson
Judy Rowluk
Laura Schinkel
Patricia Semcow
Caroline Shepherd

Shirley Shott Debra Singer Peggy Skene Brenda Smith Elaine Taylor Donna Wason Wendy Whalley

Glennis Williamson Donna Wilson Lesley Jo Winnik Iris Wozney Glenda Zawitkoski Gisele Bauche Carol Berezuk Lois Bertram Yolande Bigornia Yvonne Bohemier Mariette Carriere Emilie Catellier

Gisele Chappellaz Marguerite Clement Bernice Cuvelier Lucille Derksen Janis Dembicki Theresa Dirks Elfrieda Dueck

Linda Dueck Helen Enns Nelly Faas Ellen Foote Diana Friesen Margaret Froese Shirley Gallant

Mary Ann Giesbrecht Doreene Gordon Andie Graham Eleanor Humphries Maureen Hurrell Bonnie Ives Julianna Janzen

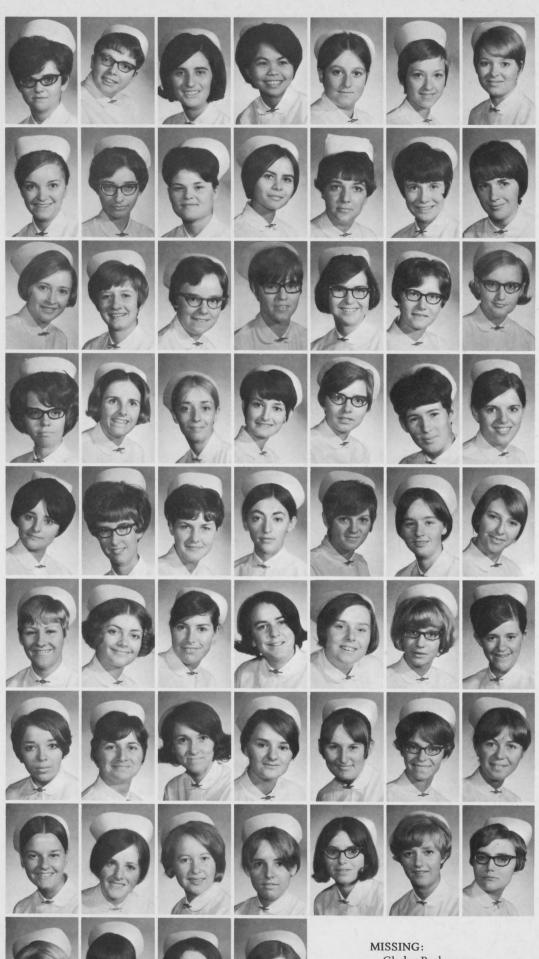
Sandra Josephson Monique Joubert Dora Klassen Janice Kolodka Diane Kopansky Patricia Laing Noella Lussier

Cherun Makowski Marilyn Martens Laura MacIver Arlene McLeod Debra McPherson Cathryn Delslager Therese Oliviero

Valerie Parobec Adele Pecchia Laurie Platt Valerie Phillips Diane Refvik Enid Ross Wendy Rudyk

Elizabeth Samson Wendy Stalker Melanie Stangl Karin Servante Shirley Thompson Cheryl Veitch Edna Vincent

Bernice Vincett June Wakeman Lorna Wright Lina Zylstra



MISSING: Gladys Barkman Barbara Hornung Constance Martens Peter Nielson

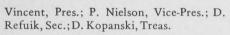




THE STUDENT NURSE...











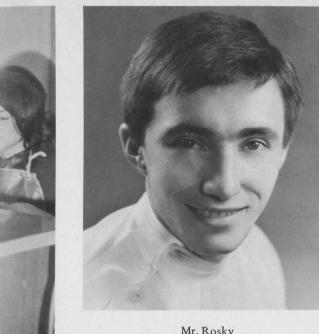








FIRST YEAR



Mr. Rosky Class Advisor





ENTRANCE DAY

"Over here please for your key to your room!"

"Over here please for your mail box combination!"

"You can leave your student fees right over there!"

"This is your roommate!"

"Come over here and meet Sister Gauthier!"

"Over here's your Big Sister!"

GARDEN PARTY

"Little Sis,

I'll pick you up at 4:00 for the Garden Party.

Your Big Sis"

Kentucky fried chicken and potato chips...

INITIATION DAY

"All right Probie, do your thing for me!"

Quote -all the Seniors.

As I kneel here at your feet,

Where the air is smelling sweet,

I hope that someday I might do

Pleasant deeds and acts like you.

Dear Probie, you would just 'love' to wash my floor, dust the furniture, polish my shoes, button my uniform . . . Wouldn't you?

LABS AND WARDS

"What on earth is a catheter anyhow?"

"You mean we have to mix it all up and then measure the total amount from the whole day?"

"We use dixie cups! Well, so much for ice cream."

"Miss Corthwaite – I can't hear it."

"Try the left side!"

"Please finish your bath."

"What?"

"Please wash what I missed."

"Pardon?"

"Well . . ."

"You have to count! - not just hold his hand!"

"The hip bone's connected to the thigh bone."

"No, no; the rubber sheet goes under the cotton one!"



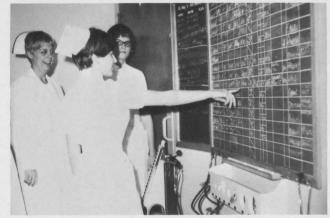
Mrs. Atkinson Class advisor



Class executive: B. Finkel, Pres.; J. Friesen, Treas.; B. Nield, Vice-Pres.













BLUE BANDS











- "HELLO SALLY ...? Welcome to St. Boniface - I'm your Big Sister, Nancy."

- "Are you in Second Year?"

- "Yes, I just got my Blue Band last week."- "What does it mean to be in Second Year?"

... It means seeing the miracle of a new life and the joy or sorrow that it brings. Seeing the nervous father with a lighted pipe in his breast pocket, smiling at HIS child.

It means arriving on 8A at 0730—and leaving at 0800 for a clean uniform—clean slip... It means relearning nursery rhymes—playing with building blocks—teaching through play. It means forcing fluids through sealed lips and comforting a crying child.

Med-Serg means something different . . . Reminding patients not to remove their traction! Walking into a room and seeing a Kelly overflowing . . . Realizing the value of speech, sight and hearing . . . seeing a sigmoidoscopy and glad that you're just an onlooker.

It means a short walk to 5C or — relocating at Selkirk. Tranquilizers, sedatives, hypnotics. Schizophrenics, neurotics and addicts.

Bowling, swimming, walking, listening. All to help . . .

- "That's what Nursing is?"

- "That and more - but there's "fun" too. Especially living in Res. . .

"First of all there's parties for you — chicken in the Sisters' garden — and to top it off Initiation Day. That's the day when we have you kneeling at our feet, ridding our rooms of summer dust, and when we POLITELY show you the shower!

We each have a Big Sister too — your 'grandsister' — and this year she gets her Black Band. Our part is in their Grad is celebrating with them at the Blue & Gold — and raising the money to celebrate.

Who said nurses can't bake?

You'll find the time passes quickly and Christmas is here, with Frosty's Frolic and Dr. ? as Santa, preceding our much needed holiday. Christmas or New Year's off?

January isn't only the beginning of a new year — it's celebrating our half-way party \dots and the dates of our N.L.N.'s are posted \dots our training is nearly through! "

— "You make it sound so short yet it seems so far away \dots ! See you tonight at the party."

A Second Year left to think alone . . . Do I have and will I keep her enthusiasm? Do I care enough to give my best . . .?





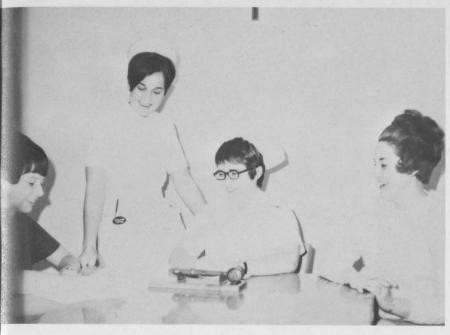








YELLOW BANDS



B. Dickie, Sec-Treas.; A.M. Yurkiwski, Vice-Pres.; L. Bawtinhimer, Pres.; Miss Cornthwaite, Class Advisor.





Second year dwindled fast. Look at us - seniors at last! First day of Senior Class Finally our cherished yellow bands; Back to the books and taking notes, Down the drain go all our hopes. No three weeks of relative ease; As our sore coccyx we failed to appease. Those awful pressures - six exams One – two, three – four, five – six whams! O.R. classes, what a scream! Dashing around in sexy greens. Chest tubes, drainage tubes, cardiac massage, Respirators, monitors, foleys and gavage, Post anaesthesia, post surgery too . . . For every patient much to do. Then came Med-Surg III . . . Many new experiences there proved to be, Like taking blood and starting I.V.'s. Through it all we tried to please Then came Eye, Ear, Nose and Throat On Magic slates the patients wrote This was a way they could explain From whence came their aching pain. A follow through in E.E.N.T. and O.R. Where our knowledge widened far One nurse, one patient and time to spend; Talking and reading for hours on end. In Community Health we're rudely awakened To realize we've been gravely mistaken. Poverty and despair are now in our dreams, As the plight of others is clearly seen. Mrs. McNaught's hopes are not in vain For public health will see many again. Emergency - excitement plus Whose in shock the patient or us. The spirit of Christmas was in our hearts, By helping others we played our parts. Snow on the ground, with the festive season near We had our Christmas party to spread good cheer. Santa Claus and his reindeer made it here, too But males aren't allowed to slide down our "flue." The New Year was shattered with coming R.N.'s Our studying would cease but we didn't know when Tempers ran high and as we slept less We looked at ourselves thinking, "What a mess!" The tumult is over, now the waiting begins All passes are used – who wants to stay in? February 14... that Sweetheart Day Flowers and candy and cards on the way. Silver shoes, gorgeous gowns, our hair all done . . . We went to our formal for a night of fun. Flurries and worries with Grad on the way At last we'll see our well earned pay! Spirits ran high and funds ran low What's planned for the day? . . everyone knows! The day is here - March 13th at last! It all began with our Grad Breakfast. With pride in our hearts and smiles on our faces We file into the church and take our places . . . A diploma, a pin, a pledge to mankind, A vow to ourselves to better our minds . . . Our banquets, our dance, and as the dawn draws nigh To our grad friends we tearfully say goodbye. Our training is done - one goal has been met The future looks bright for the others we have set.



RESIDENCE



WHO AM I?

I am me — mostly me.

But some of you — and you —
and you.

I share, you share —
And once we meet and share,
I can never again be only me,
nor can you be only you.
So — who am I?
A small fragment of this
Entire world of me's and you's,
Only a little more me
than you.

Ellen Groves



There's a man in Res.!



Oh, no you don't!



You!!! Up here?



He came into my room.



Don't get fresh!



It can't be true!



Like man, we dig you.



He looks like Jerry Lewis!



Excitement?!



It's about time you got here.



I'll be ready in 15 minutes . . .



Put your feet up and RELAX!



You said you'd call before coming.



I'll get rid of him . . .



You're out!

WELCOME '72! ?



And the party's on



HUH!



Blanket Game



Group therapy

MEANWHILE...



This is the last straw!



Cleanliness is next to . . .



Wasn't my idea!



In the third year wing . . .



Yellow Bands...



at last!!

SURPLUS SENIORITY



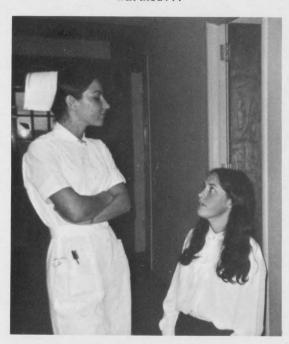
Bonnie and Clyde



Dear Judge,



Wilt thou . . .



Yes...! ?



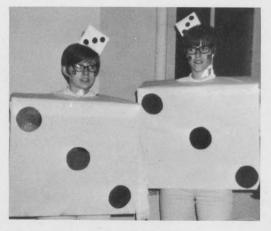
Should we -



Machine Gun Molly



Where? Where?



A Pair?

CARRYINGS-ON IN RES....



Getting ready for the BIG DATE!



I'm picking him up to-nite.



Unwinding...



It's coming! ... It's coming!



All-star wrestling.



Fight tooth decay!



Catching 40 winks.



Liberace and Caruso?



Casey at the BAT.



I'll never tell . . .



Suntanning in La Verandré Park.



Ladies' day at the car wash.



Tumbling...



The Fred Flintstone Hour!



You're SEW RIGHT!!



... food paid for by someone else



... a relaxing evening



....a waterfall



...a free shower



...O.R. on the roof



...a pillow in the face



...a new pair of pyjamas



...a new hairdo



... visiting the little people?





. . . sitting on your girlfriend's knee



... solitude



. . . having a little sister



... assisting an intern



... having twins



 \dots togetherness.

TOGETHERNESS IS...



... a Game of Rumoli



...a Chicken Supper



...a pyjama party



... conserving water



... Third year at last



... having your picture taken



... sharing a bed



... a trip Home on the train.

FUN IN THE SUN



I love you Mr. Tree!



Those lazy, crazy days of summer.



A fish got my toe!



Those wiener roast days...



Fud!!



Please don't let go.



Coming and going



Bumming around



Disarrayed or . . .



... dismayed



Nursing student, or . . .



... student nurse?

Traditionally . . .





with friends.



Teddy from heaven



A personal appearance



HUNG-UP!



New found talent



Singing solo



A community effort



COMMITTEES



OUR PRESIDENT SPEAKS . . .

The time has come for my parting message. I will not even try to express my sentiments regarding the past two-and-a-half years in St. Boniface, except to say "Thank you". Thank you each and every one of you for giving me the privilege to serve as your President. Especially, I would like to thank Sister Gauthier and my most capable council members for their much needed support. It was only through their help and the student body's high spirit that this year was such a success.

Good luck to my graduating classmates, and to the future graduates of S.B.G.H.!

Gwen Swaenepoel

STUDENT COUNCIL
FIRST ROW, Left to Right: B. Jacques, H.
Fouasse, S. Boyd, J. Timmerman, V.
Grainger, G. Swaenepoel.
SECOND ROW: B. Vincett, B. Finkel, G.
Pronchuk, L. Bretecher, M. Kunz.
MISSING: S. Hamm, E. Koffman, L.
Gregoire, L. Bawtinhimer, M. Patterson.



Planning Committee for the SECOND YEAR PROGRAM LEFT TO RIGHT: J. Burrows, N. Peters, M. Penner, E. Hykaway.





SOCIAL
S. Josephson, F. Thompson, M.
Senko, V. Huard.
MISSING: L. Gregoire,
Chairman.

CULTURAL
P. Semcow, D. Dubois, E.
Koffman, Chairman; L. Dueck.



MUSIC A. Nikkel, M. Martins. MISSING: S. Hamm, Chairman; I. Braun.



SPECIAL TASKS
V. Grainger, Chairman; A.
M. Yurkiwski, B. Nield, P. –
Nielson.

GRAD COMMITTEE

J. Almdal, J. Kennedy, D.

Dubois, G. Swaenepoel, M.

Patterson.

MISSING: B. Johnson, N.D.

Winnik, S. Boyd, L.

Bawtinhimer, Chairman.



PUBLICITY
D. Wiebe, B. Jacques, Chairman;
J. Kolodka.
MISSING: M.K. Jones.



SPORTS M. Patterson, Chairman; L. Arnal, E. Foote. MISSING: S. Prawdzik.







M.S.N.A. EXECUTIVE

M.S.N.A.
G. Pronchuk, Chairman; D.
Desjardin; J. Polec.
MISSING: W. Rydyk, Miss
Cornthwaite, Advisor.



C.S.N.O. S. Perry, President. MISSING: D. Kalichak, V. Bertouille, Sister Winter, Advisor.





RESIDENCE

FIRST ROW: M. Carriere, Sr. Winter, Advisor; S. Boyd, Chairman; H. Fouasse, Chairman. SECOND ROW: J. Janzen, J. Hawryluk, D. Carriere, C. Druwe.

MISSING: D. Wilson, B. Hornung, S. Jackson, B. Hodson.

N.C.F.

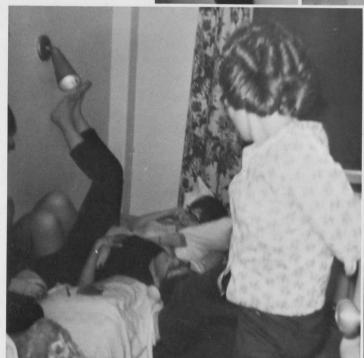
FIRST ROW: H. Derksen, President; L. Olfert, L. Froese, L. Schinkel, L. Dueck.

SECOND ROW: R. Hart, M. Funk, M.A. Reimer. MISSING: E. Derksen, Miss Harder, Advisor; Mrs. Emberly, Sponsor.





FAMILIAR FACES...





















YEARBOOK...









M. Kunz and L. Bretecher are proud to announce the arrival of Estote Fideles, 1970. She was conceived in May, 1969. After many long, but otherwise short, months of planning and consideration, true labour began. Estote Fideles and her staff passed through all the normal phases and stages (plus a few extra) involved in the production of a yearbook. By Christmas, she was sent to I.C.P. for publication.

On this day of March 13, 1970, Estote Fideles has been delivered, through the capable hands of B. Cringan & Co.! Many thanks to everyone who has had a part in the safe outcome of Estote Fideles — those who took pictures, had their pictures taken, typed, did layouts, blew up, reduced, cropped, composed copy, counted, proofread, wrote letters, bought ads, collected ads (and signatures), advised, assisted, stayed up late nights, raised money, helped meet deadlines, gave emotional support, cried alot...

Estote Fideles, today, is christened "Be Faithful". She was a little premature, but no complications have developed . . . The junior members of her staff will be allowed a few weeks abstinence before beginning the 1971 edition — Good Luck!!













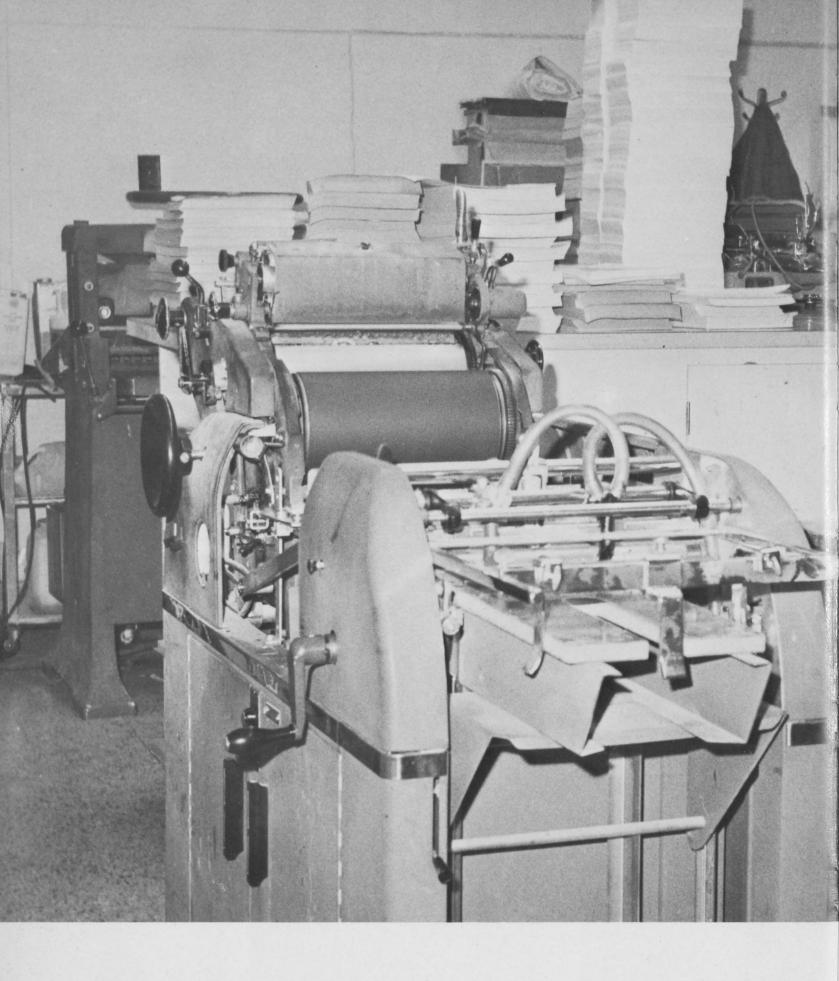




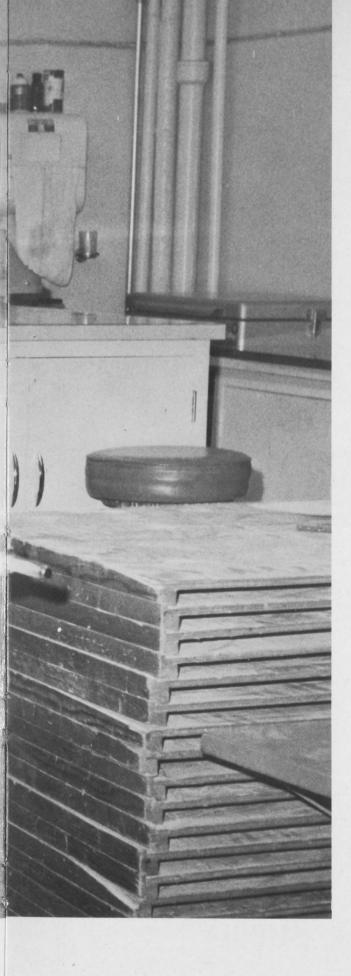








FINANCIERS

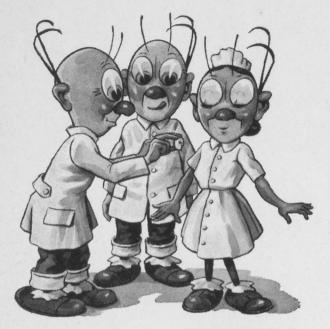


Life is just what you make it. Living is what you believe. Friends are just as you take them — What you expect you receive.

If you seek goodness or badness, Hearts that are cold or are kind — Yea, if you seek gladness or sadness, That what you look for . . . you'll find.

- Unknown

With best wishes





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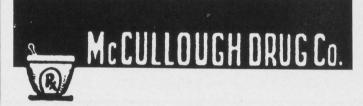
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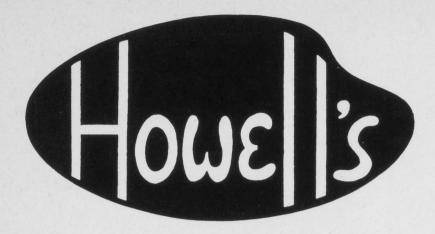
Best Wishes to the Graduating Class . . .

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